



KGV

MAKE YOUR VOICE HEARD
Every voice matters

GIVE YOUR FEEDBACK TO US



SCAN THIS QR CODE SPEAK TO A STAFF MEMBER

MENU MECHANISM

- NUTS FREE**: All our meals are Nuts Free
- CAGE FREE**: All our eggs are Cage Free
- MADE IN HONG KONG**: Discover Locally Made products
- HK GROWN LOCALLY**: Savor Low Carbon footprint produce
- 50 FUTURE FOOD**: Ingredients good for Planet & Health

GO & ENJOY All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

OK BUT THINK

BE CAUTIOUS Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS

- ALLERGEN DAIRY
- ALLERGEN EGG
- VEGETARIAN
- VEGAN
- MILD SPICY

A Healthy and Balanced Diet Every Day!

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DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood. While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

March 16 - 20

WEEKLY MENU



16/03 Monday


















17/03 Tuesday

18/03 Wednesday






19/03 Thursday

20/03 Friday

SOCIAL KITCHEN | Monday: 10:30am - 1:30pm (Lunch: 11:30 - 1:30pm); Tuesday to Friday: 10:30am - 2:30pm (Lunch: 11:30am - 2:30pm)

Meal A \$41 Takeaway \$38 Dine-in	Coq au Vin w/ Rice 	Thai Green Curry Pork w/ Rice OR Pita Bread 	Thai Style Roasted Chicken Steak w/ Rice 	Bacon Mac & Cheese 	Indian Butter Chicken w/ Rice OR Pita Bread  
Meal B \$41 Takeaway \$38 Dine-in	Baked Fish Florentine w/ Pasta OR Rice 	Braised Beef Brisket w/ Radish, Rice 	Creamy Mushroom Pork Stew w/ Pasta OR Rice 	Stir-fried Beef in Black Bean Sauce w/ Rice 	Grilled Pork Ribs in Strawberry Sauce w/ Rice 
Meal C \$38 Takeaway \$35 Dine-in	(Vegan) Omni-Meat Mapo Tofu w/ Rice 	(Vegan) Mushroom Bourguignon Pasta 	(V) Braised E-fu Noodle w/ Assorted Mushroom 	(Vegan) Tuscan Bean Stew w/ Pasta OR Rice  	(Vegan) Stewed Eggplant & Tofu in Tomato Sauce w/ Pasta 
















BOWL | Monday to Friday: Break 10:55am - 11:15am/ Monday Lunch 12:00nn - 1:15pm; Tuesday to Friday Lunch 1:15pm - 2:15pm

Bowl \$41	BBQ Pork Fried Rice 	Japanese Red Miso Soup U-don w/ Chicken (Pre-order Available) 	Pho Thap Cam (Pre-order Available) 	Chicken Laksa (Pre-order Available) 	Stir Fried Egg Noodle w/ Shredded Beef & Black Pepper 
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LEO'S Café | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

Salad Box \$36	Smoked Salmon Caesar  	(V) Potato & Apple Salad in Thousand Island Dressing  	Japanese Soba Noodle in Yuzu Dressing 	Roasted Chicken Nicoise 	Mixed Kale Salad w/ Parma Ham in Italian Dressing 
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PIAZZA PIZZA | Monday: 12:00pm - 1:15pm; Tuesday to Friday: 1:00pm - 2:15pm

Pizza A \$30	Bacon & Cheese 	Chicken & Mushroom 	Beef Bolognese Pizza 	Pepperoni & Cheese 	Meat Lover 
Pizza B (Vegetarian) \$30	(V) Trio Cheese  	(V) Marinara  	(V) Margherita  	(V) Trio Cheese  	(V) Marinara  



Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



March 16 - 20

WEEKLY MENU



16/03 Monday			17/03 Tuesday			18/03 Wednesday			19/03 Thursday			20/03 Friday			
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A	Coq au Vin w/ Rice			Thai Green Curry Pork w/ Rice OR Pita Bread			Thai Style Roasted Chicken Steak w/ Rice			Bacon Mac & Cheese			Indian Butter Chicken w/ Rice OR Pita Bread		
	98	8	4	165	6	8	146	10	4	201	7	12	177	7	8
Meal B	Baked Fish Florentine w/ Pasta OR Rice			Braised Beef Brisket w/ Radish, Rice			Creamy Mushroom Pork Stew w/ Pasta OR Rice			Stir-fried Beef in Black Bean Sauce w/ Rice			Grilled Pork Ribs in Strawberry Sauce w/ Rice		
	152	12	5	124	10	5	168	10	7	110	5	4	184	9	8
Meal C	(Vegan) Omni-Meat Mapo Tofu w/ Rice			(Vegan) Mushroom Bourguignon Pasta			(V) Braised E-fu Noodle w/ Assorted Mushroom			(Vegan) Tuscan Bean Stew w/ Pasta OR Rice			(Vegan) Stewed Eggplant & Tofu in Tomato Sauce w/ Pasta		
	150	5	5	152	3	8	195	5	11	144	6	6	138	6	5
Bowl	BBQ Pork Fried Rice			Japanese Red Miso Soup U-don w/ Chicken (Pre-order Available)			Pho Thap Cam (Pre-order Available)			Chicken Laksa (Pre-order Available)			Stir Fried Egg Noodle w/ Shredded Beef & Black Pepper		
	179	9	10	128	12	2	91	7	2	178	7	10	180	8	8
Salad Box	Smoked Salmon Caesar			(V) Potato & Apple Salad in Thousand Island Dressing			Japanese Soba Noodle in Yuzu Dressing			Roasted Chicken Nicoise			Mixed Kale Salad w/ Parma Ham		
	171	9	12	141	2	13	140	6	4	106	6	3	150	3	9



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